

Cleaning and renewal guide

Alvera ThermaAir 10, Heated CPAP Tubing for Air 10 Series Machines | REF 55110 | GTIN 5065027735385

A one page routine for keeping a heated tube clean, dry and safe, and knowing when to fit a fresh one.

The weekly routine

Step	How
Disconnect	Switch the machine off at the mains, then unplug the tube at both ends
Wash	Warm water and a mild detergent, keeping the connector end clear of the water at all times
Rinse	Rinse the inside of the hose thoroughly until no detergent remains
Dry	Shake the interior clear and hang the tube to dry away from direct sunlight
Inspect	Check for splits, kinks, crushed sections, a loose cuff and moisture in the connector
Refit	Only when the interior is completely dry and the connector is dry and undamaged

Never

- Never immerse the connector end, and never run water through the electrical contacts.
- Never put the tube in a dishwasher or a washing machine.
- Never use bleach, alcohol, antibacterial sprays, all-purpose cleaners or household cleaning products. Residues sit in the air path and are then breathed for hours.
- Never dry the tube in direct sunlight, on a radiator, or with any heat source.

Nightly

- Route the tube so it hangs clear and is not pinched by furniture or a bed frame.
- Keep the tube out from under bedding, a mattress or anything that traps heat around it.
- Where condensation still appears, raise the tube temperature slightly on the machine before reducing humidity.

When to fit a fresh tube

Sign	Action
Split, hole, kink or crushed section anywhere on the hose	Take out of service immediately and fit a fresh tube
Damaged connector, bent or corroded contacts	Take out of service immediately
Moisture inside the connector that does not clear	Take out of service immediately

Sign	Action
Cuff no longer grips the mask elbow	Fit a fresh tube
Persistent cloudiness or discolouration inside the hose	Fit a fresh tube
No visible fault	Fit a fresh tube at the interval set by the service responsible for care, typically every three to six months

Tubing is single wearer. It is not cleaned and reissued to another person.

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